

Foundation Course Timetable for 2019 MBBS Batch of Rama Medical College Hospital & Research Centre, Hapur

Day/Date		9-10am	10-11am	11-12 pm	Lunch	1-2 pm	2-3 pm	3-4 pm	4-5 pm	5-6 pm
Thu	01-08-19	Welcome & Lamp Lighting followed by Address of Director, Principal & Medical Superintendent	New Initiative of MCI-CBME & Role of IMG, Teaching Methods- Lectures, SDL, SGT Dr.Mithila, Com Med	MBBS Curriculum including Exam Pattern Dr.Vanita, Anatomy		Introduction to Ist Year Subjects- Curriculum, Exam Pattern Dr.Manisha, Physio		Rules & Regulations in College & Hostel Dr.Yasmeen, Dr.Arshad, Chief Warden	How to Interact with peers, Seniors, Juniors, Faculty, Patients & Staff Dr.Deepak, Surg	
Fri	02-08-19	History of Medicine & Alternate Medicine Dr.Vinay, Pharmacology	Community & Health Care Delivery System Dr.Rakhee, Com Med	Doctors role in Society: What can the student expect; what is expected from you? Dr.Hukam Singh, ENT		Medical Ethics, Attitudes & Professionalism Dr.Prabodh, Surgery	Medicine & Law Dr.Bairwa, FM	Gender Sensitivity in the Class & Hospital Dr.Namrata, Physiology	Early Clinical Exposure & Electives Dr.Md.Rashid, Medicine	
Sat	03-08-19	Skills & Certification Dr.Prabodh, Surgery	Role of Health Workers in our Life Dr.Nitin, Com Med	Communication Skills; Interpersonal Skills Dr.Ravish, Medicine		Source of Resource Material- Internet, Library etc. Dr.Pratik, Pharm	Universal Precaution Dr.Paridhi, O &G	Patient Safety & Biohazard Safety Dr.Yasmeen, Microbiology	Patient Safety & Biohazard Safety Dr.Yasmeen, Microbiology	
Mon	05-08-19	Hospital Services Dr.Surendra, Surgery	National Health Programmes & Policies Dr.Mithila, Com Med	Universal Immunization Programme Dr. Bhawna, Paediatrics		Hygiene & Doctor as a messenger Dr.Malay, Patho	Importance of Documentation in Medicine Dr.Fahad, Ortho	Research & Medicine Dr.Arshad, Pharm	Role of Information Technology & Health Mr.Jaipal, Biochem	
Tue	06-08-19	Doctor Patient relationship Dr.Anubhav, Surgery	Role Play for Doctor Patient relationship Dr.Anubhav, Surgery	Where to get Health Information from? Mr.Aijaz, Com Med		Importance of Nutrition for You and Patients Dr.Ijen, Biochem	English-1 External Faculty Venue: LT	Computer-1 Basics External Faculty Venue: Library Annex	Extra Curricular-1 Introduction & Preparation for Independence Day In Charge-Chief Wardens	Sports-1 Outdoor-Ground/ Indoor-Common Room In Charge-Chief Wardens
Wed	07-08-19	Good Lab Practices Dr.Indu Bhushan, Path	Team & Leadership Skills Dr.Vanita Anatomy	Management Skills including Conflict Management Dr.Puneet, Psych		Prof D& E-1: Introduction to Medical Ethics & Bio- Ethics Dr.Bairwa, FM	Hindi-1 External Faculty Venue: LT	Computer-2 How to use MS word External Faculty Venue: Library Annex	Extra Curricular-2 Painting, Crafts; Poetry & Debate In Charge-Chief Wardens	Sports-2 Outdoor-Ground/ Indoor-Common Room In Charge-Chief Wardens

Day/Date		9-10am	10-11am	11-12 pm	Lunch	1-2 pm	2-3 pm	3-4 pm	4-5 pm	5-6 pm
Thu	08-08-19	First Aid - Common Conditions Dr.Syed, Medicine	Group Dynamics & Working as a Team Dr.Shikha, Biochem	Group Dynamics Batch Divided in 3 Groups (Activity) Dr.Shikha, Biochem		Prof D& E-2 : Right to Health, Equity, Justice in Health Care Dr.Nitin, Com Med	Motivation, Mentoring & Personality Growth Dr.Puneet, Psych	Computer-3 How to use MS Excel-1 Hired Resource Faculty Venue: Library Annexe	English-2 External Faculty Venue: LT	Sports-3 Outdoor-Ground/ Indoor-Common Room In Charge-Chief Wardens
Fri	09-08-19	First Aid- Bites Dr.Hina, Medicine	Prof D& E-3: Organ Donation & Organ Transplant- their Ethical Issues Dr. Deepak, Surg	Prof D& E-4: Role Play in Organ/Body Donation & Organ Transplant Dr. Deepak, Surg		Prof D& E-5 : Autonomy, Responsibility, Beneficence & Justice in Patient Care Dr.Prabodh, Surg	Being Healthy - Life Style & Yoga Dr.Manisha, Phy	Computer-4 How to use MS Excel-2 External Faculty Venue: Library Annexe	English-3 External Faculty Venue: LT	Extra Curricular- 3 Music & Song-Rehearsal In Charge-Chief Wardens
Sat	10-08-19	How to Prepare Public Health Messages? Dr. Rakhee, Com Med	Learning Skills & SDL Dr.Rashmi, Biochem	First Aid - Road Traffic Accidents, Sports Injury Dr.Owais, Ortho		Public Speaking Skills Dr.Aditi, Anat	Study Tips & Time Management Dr.Anju, Physiology	Hindi-2 External Faculty Venue: LT	Sports-4 Outdoor-Ground/Indoor-CommonRoom In Charge-Chief Warden	
August 12 2019: Id-ul-Zuha (Bakri Id) - Mon										
Tue	13-08-19	Needle Stick/Scalpel Injury Dr.Neelkamal, Surg	Preparation for going into a OT Dr.Shailja, Anaesth	Stress Management Dr.Puneet, Psych		Prof D& E-6: Prenatal Screening, Abortions, MTP, Reproductive Rights Dr.Paridhi, O & G	Writing Skills-Exam, Research, Legible writing Dr.Ijen, Biochem	Computer-5 How to use MS PPT-1 Hired Resource Faculty Venue: Library	Hindi-3 Hired Resource Faculty Venue: LT	Sports-5 Outdoor-Ground/ Indoor-Common Room In Charge-Chief Warden
Wed	14-08-19	First Aid-Poisoning Dr. Md. Rashid, Med	Study Skills & Presentation Skills Dr.Nisha, Anat	Preparation for going into a ICU Dr.Praveen, Anaesth		Prof D& E-7: Confidentiality, Privacy & Gender Sensitivity in Patient Care Dr.Namita, O & G	Disaster Management Skills-Fire & Earth Quake Dr.Gagan, Med	Computer-6 How to use MS PPT-2 External Faculty Venue: Library Annexe	English-4 External Faculty Venue: LT	Extra Curricular-Dance & Skit Rehearsal In Charge-Chief Wardens
August 15 2019: Independence Day -Thu										

Day/Date		9-10am	10-11am	11-12 pm	Lunch	1-2 pm	2-3 pm	3-4 pm	4-5 pm	5-6 pm
Fri	16-08-19	Spirituality & Health Dr.Manisha, Physio	Blood Safety & Precautions Dr.Aditi, Patho	First Aid- Burns Dr.Anubhav, Surg		Visit to Community Health Centre				Sports-6 Outdoor-Ground/ Indoor-Common Room In Charge- Chief Warden
Sat	17-08-19	Lifelong Learner as Doctor Dr.Indu Bhushan, Path	Importance of Mental Health in a Doctor Dr.Puneet, Psych	Counselling Skills Dr.Prabodh, Surg		Visit to Community Health Centre				Sports-7 Outdoor-Ground/ Indoor-Common Room In Charge- Chief Warden
Mon	19-08-19	Prof D& E-8: Decision Making in Treatment, Emergency etc. Dr.Ravish, Med	Prof D& E-9: Disability Patients- Their Rights & Accessible Health Care setting Dr.Rajesh, Ortho	Hand Washing - Dr. Anubhav, Surg(Group A) Basic Life Support -Dr.Atul, Anesth (Group B) Bio Medical Waste - Dr.Amit, Micro (Group C)		Prof D& E-10: Etiquettes, Verbal, Non-Verbal Communications to Patients with disability Dr.Fahad, Ortho	How to break Bad News Dr.Bhawna, Paeds	Hindi-4 External Faculty Venue: LT	English-5 External Faculty Venue: LT	Extra Curricular-4 Prepare Song & Music for Closing Ceremony In Charge- Chief Wardens
Tue	20-08-19	Prof D& E-11: Social Inclusions & Non discriminatory Behaviour towards Patients with disability Dr.Owais, Ortho	Prof D& E-12: Role Play/Skit Health Care in Disability Patients Dr.Owais, Ortho	Hand Washing – Dr. Anubhav, Surg (Group B) Basic Life Support -Dr.Atul, Anesth(Group C) Bio Medical Waste Dr.Amit, Micro (Group A)		Prof D& E-13: Health Care in Children, Parental right for Treatment Dr.Bhawna, Paeds	Prof D& E-14: Informed Consent, Address queries patient's queries undergoing Surgical Procedures Dr.Neelkamal, Surg	Computer-7 PPT Presentation by Students- Group A External Faculty Venue: Library Annex	Hindi-5 External Faculty Venue: LT	Sports-8 Outdoor-Ground/ Indoor-Common Room In Charge- Chief Wardens
Wed	21-08-19	Prof D& E-15: Responsibility, Work Ethics, Appropriate respect for colleagues, Personal Grooming in us Dr.Rashmi, Biochem	Prof D& E-16: Role Play in Behaviour at work and in Health Team Dr.Rashmi, Biochem	Hand Washing – Dr. Anubhav, Surg(Group C) Basic Life Support - Dr.Atul, Anesth (Group A) Bio Medical Waste Dr.Amit, Micro (Group B)		Prof D& E-17: Respect & Follow the right procedure for handling Cadaver Dr.Vanita, Anat	Hindi-6 Hired Resource Faculty Venue: LT	Computer-8 PPT Presentation by Students- Group B External Faculty Venue: Library Annex	English-6 External Faculty Venue: LT	Extra Curricular-5 Prepare Dance & Skit for Closing Ceremony

Day/ Date		9-10am	10-11am	11-12 pm	Lunch	1-2 pm	2-3 pm	3-4 pm	4-5 pm	5-6 pm
Thu	22-08-19	Prof D& E-18: Respect & Follow the right procedure for handling biological tissues Dr.Khalda, Path	Prof D& E-19: Maternal dignity, Privacy & Confidentiality in Labour Room in India Dr.Shweta, O & G	Prof D& E-20: Consumer Protection Act & Medicine Dr.Prabodh, Surg		Prof D& E-21: Ethical Issues in 3rd Gender Dr.Bhawna, Paeds	Hindi-7 Hired Resource Faculty Venue: LT	Computer-9 PPT Presentation by Students- Group C External Faculty Venue: Library Annex	English-7 External Faculty Venue: LT	Sports-9 Outdoor- Ground/ Indoor- Common Room In Charge- Chief Warden
Fri	23-08-19	Observational/ Visual/ Listening Skills for Patients & Seniors Dr. Yasmeen, Micro	Prof D& E-22: Medical Negligence, Medical Errors & Malpractice Dr.Bairwa, FM	Prof D& E-23: Role Play/Skit in Medical Negligence, Medical Errors & Malpractice Dr.Bairwa, FM		Prof D& E-24: Genetics & Its Ethical Issues Dr.Malay, Path	Hindi-8 Hired Resource Faculty Venue: LT	English-8 External Faculty Venue: LT	English-9 External Faculty Venue: LT	Sports-10 Outdoor- Ground/ Indoor- Common Room In Charge- Chief Warden
August 24 2019: Janmashtami -Sat										
Mon	26-08-19	Prof D& E-25: Personal Safety of Doctors Dr.Rajesh, Ortho	Prof D& E-26 Ethical issues Dr.Puneet, Psych	Prof D& E-27: Role Play/Skit about Mentally Ill Patients Dr.Puneet, Psych		Prof D& E-28: Learning to Inject Dr.Praveen, Anaesth	English-10 External Faculty Venue: LT	Computer-10 Web Navigation External Faculty Venue: Library Annex	Sports-11 Outdoor- Ground/Indoor- Common Room In Charge-Chief Wardens	Sports-12 Outdoor- Ground/ Indoor- Common Room In Charge- Chief Wardens
Tue	27-08-19	Prof D& E-29 Visit to Anat Dept- Dr.Vanita (Group A); Visit to Physio Dept-Dr.Manisha (Group B); Visit to Biochem Dept- Dr.Ijen (Group C);	Prof D& E-30: Visit to Anat Dept- Dr.Vanita (Group B); Visit to Physio Dept-Dr.Manisha (Group C); Visit to Biochem Dept- Dr.Ijen (Group A);	Prof D& E-31: Visit to Anat Dept- Dr.Vanita (Group C); Visit to Physio Dept-Dr.Manisha (Group A); Visit to Biochem Dept- Dr.Ijen (Group B);		Hindi-9 External Faculty Venue: LT	English-11 External Faculty Venue: LT	Computer-11 How to keep your computer safe External Faculty Venue: Library Annex	Sports-13 Outdoor- Ground/Indoor- Common Room In Charge-Chief Wardens	Sports-14 Outdoor- Ground/ Indoor- Common Room In Charge- Chief Wardens
Wed	28-08-19	Prof D& E-32: Research & Clinical Trials - Ethical Issues Dr.Beena, Pharm	Prof D& E-33: Protection Self- Immunization & Other Preventive Measures Dr.Hina, Medicine	Prof D& E-34: Dentistry & Ethical Issues		Hindi-10 Assessment in Hindi External Faculty Venue: LT	English-12 External Faculty Venue: LT	Computer-12 Cybercrime External Faculty Venue: Library Annex	Sports-15 Outdoor- Ground/Indoor- Common Room In Charge-Chief Wardens	

Day/ Date		9-10am	10-11am	11-12 pm	Lunch	1-2 pm	2-3 pm	3-4 pm	4-5 pm	5-6 pm
Thu	29-08-19	Prof D& E-35: Rehabilitation & Ethical Issues Dr.Rajesh, Ortho	Prof D& E-36: Adolescence to Professionalism the transition Dr.Anju, Physio	Prof D& E-37: Professionalism in choosing Career path		English-13 External Faculty Venue: LT	English-14 Assessment in English External Faculty Venue: LT	Computer-13 Net Working External Faculty Venue: Library Annex	Sports-16 Outdoor- Ground/Indoor- Common Room In Charge-Chief Wardens	
Fri	30-08-19	Prof D& E-38: Holistic Approach towards Health Care Dr.Mithila, Com Med	Prof D& E-39: Experiential Learning - Senior Sharing 2016, 2017,2018 Batch	Prof D& E-40: Assessment		Computer-14 Assessment in Computer External Faculty Venue: Library Annex	Computer-15 Assessment in Computer External Faculty Venue: Library Annex	English-15 Debate Competition Venue: LT	Extra Curricular- 6 Rehearsal	
Sat	31-08-19	Reflections 2019 Batch	Distribution of Mentors to Students			White Coat Ceremony		Closing Ceremony	Faculty Interaction with Students & Parents	

Foundation Course Colour Code & Hour Distribution

Heads	Hours
Orientation	30
Skills	35
Prof D& E	40
Computer-15	15
Eng-15, Hindi-10	25
Sports & EC	22
Visit to CHC	8
TOTAL	175
Closing Day	8
Grand Total	183

Outdoor: Cricket, Football, Basket Ball, Volley Ball and Badminton; Indoor: Carom, Chess, TT
Hindi & Language will be done separately